



Career Seeker Dress Code

When competing in today's job market – first impressions are important. Dress, grooming and personal appearance plays a major role in obtaining your desired interview and building professionalism, regardless of your occupation.

At CareerSource Capital Region, **our goal is to ensure that we prepare you for employment** while maintaining a professional environment at the Career Centers. You are encouraged to dress appropriately in order to be referred to an interview the same day, if possible.

ACCEPTABLE

- Business casual slacks/long pants, blue/black jeans and dress capri pants.
- Collared shirts, polo shirts, dress shirts, plain T-shirts (with/without pockets, tucked in at the waist), sleeveless shirts, shell tops and peek-a-boo blouses. Must cover the top of the shoulder, midriff, chest and back.
- Sweaters, cardigans, blazers and sport coats.
- Appropriate length dresses, sleeveless dresses and skirts (No more than 2 in. above the knee).
- Business casual or other professional-wear shoes (loafers or boots for men and open-toed shoes and dress sandals for women are acceptable).

UNACCEPTABLE

- Pants that sag, are too low-rise, too tight or too baggy.
- Jeans that are dirty and/or have holes.
- Shorts, Cotton or nylon sweatpants, athletic attire, stretch pants or leggings and stirrups.
- Shirts with offensive writing or logos, see-through tops, halter tops, tank tops, tube tops, tops with spaghetti straps and midriff/cleavage baring shirts/blouses.
- Short skirts, skorts, beach dresses, halter dresses, spaghetti strap dresses and dresses above mid-thigh.
- Flip flops, thong sandals, bedroom slippers, athletic slides and house shoes.
- Sunglasses, hair bonnets, shower caps, hair scarves or hats (Head coverings required for religious purposes or to honor cultural traditions are allowed).

If you need help obtaining acceptable attire, please speak with a CareerSource Capital Region staff person. If you choose not to comply with this dress code, you will not be able to access services and will be asked to leave.